



Sept•Oct 2014



The Purpose of this Fellowship is to...

- Further freedom of religious experience and toleration of religious ideas
- Promote personal choice based on reason and conscience
- Celebrate the worth and dignity of each human being
- Accept the motive force of love
- Advocate the never-ending search for truth
- Proclaim the importance of a religious community

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God will not give me anything I can't handle. I just wish that He didn't trust me so much.

~ Mother Teresa

The Headless Way



Our fellowship is hosting a very special event for the community—a day-long workshop with Richard Lang titled **The Headless Way**. The program is based on a method of self-enquiry pioneered by Douglas Harding.

*“Over the past sixty years a truly contemporary and Western way of 'seeing into one's Nature' or 'Enlightenment' has been developing. Though in essence the same as Zen, Sufism, and other spiritual disciplines, this way proceeds in an unusually down-to-earth fashion. It claims that modern man is more likely to see who he really is in a minute of active experimentation than in years of reading, lecture-attending, thinking, ritual observances, and passive meditation of the traditional sort. Instead of these, **The Headless Way** uses a variety of simple, non-verbal, fact-finding tests, all of them asking: how do I look to myself? They direct my attention to my blind spot - to the space I occupy, to what's given right here at the Centre of my universe, to what it's like being 1st-person singular, present tense.”*

~From **The Headless Way** by Douglas Harding

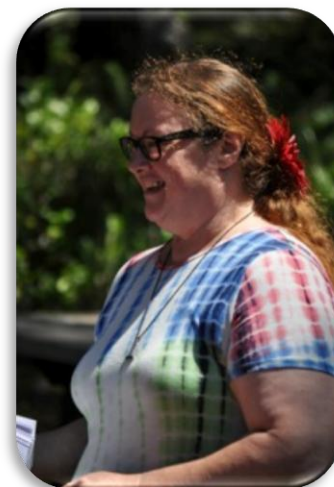
Registration is required to attend the workshop. To register, please email Sequoia Star at sstar01@gmail.com or call 541-751-0886.

We are asking \$75 for the all day (9am – 5pm) experience. The fee includes lunch. Please note that scholarships are available. For anyone who does not feel they can afford to attend, please contact Sequoia at sstar01@gmail.com. While it is important to cover our costs and offer Richard Lang an honorarium, we want to be sure that everyone who would like to attend can do so. Please don't hesitate to ask!

To learn more about the Headless Way, this powerful tool for seeing who you truly are, you can go to: www.headless.org

Summer Solstice Celebration

For many seasons, the pagan members of our fellowship have led solstice and equinox celebrations. The seasonal programs have become popular favorites with our members. Here are some pictures from this year's summer solstice.



Shavings from the Board



Two new board members will take their seats October 1. Sarita Southgate and Thea Wilson will fill the vacancies created by the resignations of Jim and Dana Casey. The Caseys plan to leave Coos County in November to return to Port Angeles on the Olympic Peninsula.

As part of the change, present board member Jean Adamson will take over Jim's duties as secretary. 🍷

Dana's vacancy also leaves a need for a song leader to choose Sunday music in consultation with the presenter (Dana says it takes about an hour), to rehearse briefly the Fellowship songsters before fellowship and to "cheerlead" the singing. Anyone interested should contact Jean at j5adamson@gmail.com. 🍷

The board has fixed a regular time and day for its monthly meetings: 4:00pm the third Friday of each month in the Martin Annex, beginning October 17. All members and friends of the Fellowship are cordially welcome to bring their concerns and suggestions. 🍷

A committee headed by Charles Smith, board treasurer, will begin a search for a new "home" for the Fellowship. Volunteers are welcome.

Several members' complaining of respiratory distress in the Dolphin Playhouse, which under the best of conditions is dusty, precipitated the need for new quarters. People with sensitivity to dust and mildew are invited to join the committee as "bloodhounds" whose noses will know if a particular site is acceptable.

The committee will review the Fellowship's resources, speak to real estate brokers and bankers, investigate nonprofit grants – including

City of Coos Bay funds for locating in Empire – and solicit support from the Unitarian Universalist Association and the Pacific Northwest District.

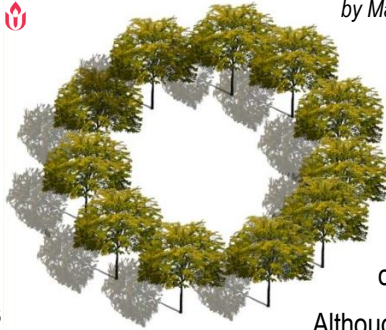
Discussion by the board at its Sept. 24 meeting included the possibility of finding quarters that could include revenue-producing retail and/or residential space. In any case, needs include restrooms, a kitchen, a suitable meeting space, a separate Religious Education room, and adequate parking.

Anyone who knows of a suitable property should contact Charles at csmithco@yahoo.com. 🍷

Tapestry of Faith

Summer's Circle of Trees

by Mackenzie Stueve



On September 3 Dana Casey, Jim Casey, Sequoia Star, Marty Abts, Marty Giles, Mark Stueve, and Mackenzie Stueve wrapped up the Circle of Trees workshop.

Although a few weeks had to be skipped due to illness, most summer Wednesdays were spent at Mingus Park Arboretum enriching our minds about majestic trees. In this multi-generational program, we talked about the importance of trees, talked what trees do for ecosystems, and spent a lot of time imagining sitting in trees.

These one-hour meetings opened our minds (and souls) to the importance and spirit of trees.

[Program Note: Circle of Trees is one of several new Tapestry of Faith workshops offered by the Unitarian Universalist Association. If you are interested in the series, visit www.uua.org/re/tapastry. Please contact the Program Committee if you would like more information on hosting a workshop yourself.] 🍷

Here to Serve

Our dedicated volunteers strive to make a difference in our fellowship and the greater community.

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Give 'til it helps.

❧ **TTT** ❧


**SCUUF welcomes your
Time • Talent • Treasure**



Oregon South Coast Unitarian Universalist Fellowship

Sept•Oct 2014 Calendar www.OregonSouthCoastUU.org

Unless otherwise noted, programs are from 10:00 to 11:30am at the Dolphin Players Theater (see map online).

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
September • October 2014		Sept Labor Day	2	3	4	5	6
7 The Journey to Tierra del Fuego via the Congo, Fargo ND, and West Viet Nam. Carl shares his remarkable experience.	8	9	10	 <p>VIRTUAL THRIFT STORE Help grow our fellowship by donating your gently used, clean and working items for resale to our Virtual Thrift Store. Contact Asialee for more information. 541-888-4349 • asialee.crumley@gmail.com</p>			
14 Tao II , based on the best-selling sequel to The Tao. Presented by Jim Casey.	15	16	17				
21 The Journey of Retirement is an image-based inquiry into what retirement means or has meant to you, whatever your age or stage. Sequoia Star leads the experience.	22	23	24				
28 The Journey to Alaska is Jean's pictorial story that might be subtitled "Finding God in Alaska".	29	30	Oct				
5 The Headless Way Preview features information on the upcoming workshop, including a video interview with presenter Richard Lang. Presented by Sequoia Star.	6	7	8	9	10	11	
12 The Myth and Mystery of Columbus will explore what we do and do not know of The Admiral of the Seas. Presented by Mark Stueve.	13 Columbus Day	14	15	16	17	18	
19 Taoisn't – What Its Believers Don't Believe Jim Casey, self-described "faitheist," examines some misconceptions of what people may think of Taoism.	20	21	22	23	24	25	
26 The Headless Way: Seeing Who You Really Are with Richard Lang. A very special day-long workshop for the Bay Area community. Registration required. See more inside!	27	28	29	30	31 All Hallow's Eve	Nov	



"I feel so informed!"



" I just called our **SCUUF Program Hot-Line™** at

541-266-7335

and received **up-to-date** program information.

The **best** part...it was anonymous and **absolutely free!**"



" I learned I could **click** to

www.OregonSouthCoastUU.org

and peruse the interactive calendar, shamelessly,
anytime, day or night!"

"U.U. too can be in-the-know."™

OREGON SOUTH COAST UNITARIAN UNIVERSALISTS

PO Box 595 • North Bend OR 97459-0048

September • October 2014 • Newsletter & Calendar

Special Headless Way Edition



www.OregonSouthCoastUU.org

SCUUF membership is open to all who agree with our purpose and are willing to make a commitment of time, talent, or treasure.

The SCUUP Newsletter Archive

We are digitally archiving the full SCUUP newsletter collection from the first issue in 1991 to this edition (so far!). To date, we've collected 216 documents covering 250 months of program. Almost every edition of this newsletter—from even before it was called The SCUUP—has been converted to digital format, but we're missing a few.

The archiving effort is in preparation for our 25th anniversary celebration. We'll be using the collection to help us discover some of our history. If you enjoy local history and would like to contribute to the archiving effort, please contact archivist Mark Stueve (below).

Many members contributed to the collection. Mitzi Loftus had editions from the very early years of the fellowship, Al Solomon and Mark Stueve had scores of digital pdfs already to share. Jean Adamson had most of the collection sorted in hard copy. Mark prepared the documents for publication. The early editions were scanned into pdf files. The newer editions are already fully digital.



There are some holes in the collection and we are still trying to fill them (if they ever existed to begin with). If you have old editions and can help, please contact the archivist. Specifically, we are looking for some of the SCUUPS from 1991 – 1993, late 1995 – early 1996, January and February 2008, and some in 2009 and 2010.

The collection is in a sharable Google drive folder. If you would like access to the folder, please contact Mark Stueve at **541-404-8379** or oregonscuup@gmail.com. 

Oregon South Coast Unitarian Universalist Fellowship is a proud member of the Unitarian Universalist Association. • www.uua.org

We celebrate the worth and dignity of every person.